

# SBLS

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A NEW CHAPTER

# Ready, Set, GLOW

An effective and efficient HydraFacial at Taylor Paige Aesthetics



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The charisma of Taylor Paige is one of its own. Her magical touch, incredible knowledge of skin well-being and the way she performs a medical-grade facial is almost as if she's imparting her glow to her clients.

Taylor is a beautician who specializes solely on the skin. "The skin is truly my passion. And once I realized how many things you can do with it, I really wanted to focus on it," she says as we walk into a cozy room where I am able to unwind and briefly forget the day.

I get comfortable on the facial bed, and she begins the process with a smooth face wash. She massages it into my pores, removing impurities and relaxing me before the procedure. She then uses a small suction cup-like tool to drain my facial lymphatic system and draw toxins to the surface of my skin.

The HydraFacial is a four to six step facial machine, which Taylor first brought to Santa Barbara last year. Step one is the exfoliator, which does just as it sounds, manually removes dead skin from your face and helps unclog the pores to allow them to breathe. Step two is the acid peel, which includes

all of the benefits of a chemical peel mask except it's ten times faster, as you don't have to wait for it to dry and peel it off. This also removes dead particles and promotes an even complexion. Next, the extraction removes any left over unwanted particles from my skin, and my face is then ready to be infused with a



nurturing serum in step four. The HydraFacial procedure takes only about twenty relaxing minutes. So it's fairly quick and easy to do even on the busiest days.

Next, an LED mask is placed over my face to further stimulate my skin. Just like photosynthesis, the light works with skin cells to help them fortify and grow. The warmth deepens my state of relaxation and I close my eyes and daydream for ten minutes.

After, my face is lathered in a light sun block and I'm ready to continue my day. The lightness of my skin is both astonishing and liberating. I can feel the huge difference between coming in before the treatment and the finished results. And after Taylor removes the tube of extracted toxins from the HydraFacial machine, I can SEE the difference.

Thanks to Taylor I now realize how many toxins our skin holds and how important it is to remove them. I walk out with healthy toxin-free skin, glowing more than I ever thought possible. ✨

[taylorpaigeaesthetics.com](http://taylorpaigeaesthetics.com)